



# RULES AND REGULATIONS POLICY

### MEMBERSHIP

- ALL NEW STUDENTS ARE REQUIRED TO PRE-BOOK INITIALLY INTO THE PAY AS YOU GO OPTION, WHICH IS AN INTRODUCTORY PRICE OF £7 PER CLASS. VALOR COMBAT SYSTEMS COVERS A TEMPORARY MARTIAL ARTS INSURANCE FOR NEW STUDENTS UNTIL THEIR MEMBERSHIP IS IN PLACE. THIS WILL COMMENCE FROM THE 1ST OF THE FOLLOWING MONTH WHEN A STUDENT COMMENCES THEIR MARTIAL ARTS CLASSES. ALL MEMBERSHIPS ARE INCLUSIVE OF TUITION FEES AND MARTIAL ARTS INSURANCE. OUR GoCARDLESS MEMBERSHIP LINK WILL BE SENT VIA EMAIL AFTER THE FIRST CLASS. PLEASE PRE-BOOK OUR MARTIAL ARTS CLASSES VIA [WWW.BOOKWHEN.COM/VALORCOMBATSYSTEMS](http://WWW.BOOKWHEN.COM/VALORCOMBATSYSTEMS).
- ANY PAY AS YOU GO BOOKING IS NON-REFUNDABLE, UNLESS IN EXCEPTIONAL CIRCUMSTANCES E.G. CLASS CANCELLATION. HOWEVER, CLASSES CAN BE TRANSFERRED TO ANOTHER PAY AS YOU GO BOOKING VIA YOUR BOOKWHEN CONFIRMATION EMAIL IF YOU ARE UNABLE TO ATTEND.
- ONCE A STUDENT IS SIGNED UP TO OUR MEMBERSHIP, A DIGITAL MEMBERSHIP LICENCE FORM WILL BE SENT VIA EMAIL FROM SIGNABLE. THE PROCESS IS REQUIRED FOR THE PURPOSE OF MEMBERSHIP AND MARTIAL ARTS INSURANCE.
- INCORRECT MEMBERSHIP LICENCE FORMS CANNOT BE PROCESSED AND THEREFORE WILL BE INVALID.
- VALOR COMBAT SYSTEMS RESERVES THE RIGHT TO DECLINE ANY APPLICATION WITHOUT STATING A REASON.
- COMPLETED MEMBERSHIP LICENCE FORMS WILL BE PROCESSED ACCORDING TO THE DATE OF SIGNING. A MEMBERSHIP LICENCE FORM SIGNED BETWEEN THE 1ST AND THE 14TH OF ANY MONTH, WILL BE DEEMED TO HAVE COMMENCED FROM THE 1ST OF THAT MONTH. A MEMBERSHIP LICENCE FORM SIGNED BETWEEN THE 15TH AND THE END OF THE MONTH, WILL BE DEEMED TO HAVE COMMENCED FROM THE BEGINNING OF THE NEXT MONTH.
- UPON ACCEPTANCE OF MEMBERSHIP TO VALOR COMBAT SYSTEMS, THE STUDENT WILL BE ISSUED WITH A DIGITAL BUDDO PASS (LICENCE BOOK) AFTER THEIR FIRST GRADING. THE STUDENT IS SOLELY RESPONSIBLE FOR CHECKING THE DETAILS OF THEIR BUDDO PASS AND TO REPORT ANY ERRORS OR OMISSIONS TO OUR ADMINISTRATION TEAM FOR AMENDMENT VIA EMAIL: - [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK).
- ALL STUDENTS UNDERTAKE TO ABIDE BY THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS AT ALL TIMES. IF A DISPUTE SHOULD OCCUR BETWEEN A STUDENT AND THEIR PEER(S), SENSEI (CLUB COACH) AND/OR THEIR CLUB, THE MATTER WILL BE REFERRED TO OUR COMPLAINTS DEPARTMENT FOR ARBITRATION VIA EMAIL: - [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK).
- ANY TRAINING UNDERTAKEN AT CLUBS NOT REGISTERED WITH VALOR COMBAT SYSTEMS, WILL INVALIDATE INSURANCE COVER OFFERED AS PART OF YOUR MEMBERSHIP.
- REGISTRATION OF STUDENTS UP TO THE AGE OF SIXTEEN, WILL BE CATEGORISED AS JUNIOR STUDENTS.
- ANY STUDENT WISHING TO CHANGE CLUB(S) FOR WHATEVER REASON DURING THEIR TRAINING, MUST INFORM OUR VALOR COMBAT SYSTEMS ADMINISTRATION TEAM, IN ORDER FOR THEIR RECORDS TO BE UPDATED.
- EVERY STUDENT WILL HAVE A PROBATIONARY PERIOD OF 6 MONTHS FROM WHEN THEY ARE FIRST AFFILIATED.
- A BREACH OF THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS IN ANY FORM CARRIES THE POSSIBILITY OF SUSPENSION/EXPULSION.

### CODE OF CONDUCT FOR STUDENTS

- THE COMMAND OF THE SENSEI (CLUB COACH) MUST BE OBSERVED IN ALL CIRCUMSTANCES.
- ALL STUDENTS ARE EXPECTED TO ARRIVE ON TIME FOR THEIR CLASS, OUT OF RESPECT FOR THEIR SENSEI AND OTHER MEMBERS.
- ARRIVE FOR TRAINING CORRECTLY ATTIRED IN YOUR CLEAN AND IRONED GI/UNIFORM WITH THE APPROPRIATE TIED BELT, TO REFLECT YOUR CURRENT GRADE.
- UPON ENTRY TO THE DOJO (TRAINING ROOM), THE STUDENT SHOULD ALWAYS BE RESPECTFUL, NOT ONLY TO THE DOJO ETIQUETTE, BUT TO THEIR SENSEI AND FELLOW PEERS.
- SHOES ARE NOT PERMITTED TO BE WORN ON THE MAT AND MAY BE LEFT AT A DESIGNATED AREA DURING TRAINING. VALOR COMBAT SYSTEMS APPROVED TRAINING SHOES/GRIPPED SOCKS WILL BE ALLOWED, IF THERE IS A VALID REASON.
- PERSONAL HYGIENE IS OF PARAMOUNT IMPORTANCE AND APPLIES TO ALL STUDENTS. FINGER AND TOE NAILS NEED TO BE CLEAN, CUT SHORT AND LONG HAIR IS REQUIRED TO BE TIED BACK. STUDENTS NEED TO TRAIN BARE FOOT, UNLESS SUFFERING FROM ANY AILMENTS E.G. VERRUCAS, ATHLETES FOOT ETC.
- JEWELLERY IS NOT PERMITTED TO BE WORN IN THE DOJO. WHERE SUCH ARTICLES AS RINGS ETC, CANNOT BE REMOVED THESE MUST BE COVERED WITH A PLASTER/TAPE WHILST TRAINING.
- BRING ANY EQUIPMENT REQUIRED FOR CLASSES E.G. BOXING GLOVES, SHIN GUARDS, WEAPONS ETC.
- ANY ARTICLES OTHER THAN FOR A SPECIFIC APPLICATION DURING TRAINING, MAY NOT BE BROUGHT INTO THE DOJO.
- FOOD, FLUIDS ETC, CANNOT BE CONSUMED ON THE MAT. GUM IS NOT ALLOWED.
- INAPPROPRIATE BEHAVIOUR/LANGUAGE IS NOT ACCEPTABLE WITHIN THE DOJO. IF AFTER VERBAL WARNINGS, THE STUDENT CONTINUES TO BE DISRUPTIVE, THEY MAY BE ASKED TO LEAVE THE MAT. WITH REGARD TO MINI/JUNIOR STUDENTS, PARENTS/GUARDIANS WILL BE NOTIFIED. THIS MAY LEAD TO TEMPORARY SUSPENSION OR PERMANENT EXCLUSION FROM THEIR RESPECTIVE CLUB.
- ANY INJURIES CARRIED PRIOR TO A CLASS MUST BE REPORTED TO THE SENSEI BEFORE THE STUDENT BEGINS TRAINING. SHOULD AN INJURY OCCUR DURING TRAINING, REPORT IMMEDIATELY TO THE SENSEI.
- VALOR COMBAT SYSTEMS ACCEPTS NO RESPONSIBILITY FOR ANY INJURIES CAUSED DUE TO A LACK OF OBSERVATION BY THE STUDENT OR ANY VALOR COMBAT SYSTEMS RULES AND REGULATIONS ([WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES)).
- THE STUDENT SHOULD WAIT TO BE INVITED ONTO THE MAT AND MAY NOT TRAIN, OR ATTEMPT ANY TECHNIQUE ON THEIR OWN, WITHOUT THE SUPERVISION OF A QUALIFIED SENSEI.
- NO STUDENT SHALL JOIN OR LEAVE THE CLASS WHILST THE SESSION IS IN PROGRESS, WITHOUT THE PERMISSION OF THE SENSEI.
- QUESTIONS MAY BE ASKED DURING A CLASS BY RAISING YOUR HAND AND WAITING TO BE ACKNOWLEDGED BY THE SENSEI.
- SHOULD YOUR BELT NEED RE-TYING, STEP OFF THE MAT AT THE NEAREST SIDE, READJUST AND RESUME TRAINING.
- NO MINI/JUNIOR STUDENT MAY LEAVE THE DOJO AFTER THE CLASS, UNLESS ACCOMPANIED BY A RESPONSIBLE ADULT.
- NO MEMBERS WILL ABUSE, MISUSE, OR DEMONSTRATE THEIR KNOWLEDGE OF THEIR CHOSEN STYLE, TO ANY PERSON NOT AUTHORISED BY VALOR COMBAT SYSTEMS.
- A BREACH OF THE VALOR COMBAT SYSTEMS RULES AND REGULATIONS IN ANY FORM CARRIES THE POSSIBILITY OF SUSPENSION/EXPULSION.



### CODE OF CONDUCT FOR PARENTS AND GUARDIANS

- ENCOURAGE YOUR CHILD(REN) TO BE AWARE OF THE CODE OF CONDUCT FOR STUDENTS AND THE DOJO (TRAINING ROOM) ETIQUETTE.
- ACKNOWLEDGE YOUR CHILD'S MARTIAL ARTS JOURNEY, AS WELL AS THEIR ACHIEVEMENTS.
- SUPPORT YOUR CHILD(REN)'S PARTICIPATION AND ENCOURAGE THEIR ENJOYMENT.
- VALOR COMBAT SYSTEMS AIMS TO KEEP ALL COMMUNICATION OF EVENTS THROUGH OUR WEBSITE AND SOCIAL MEDIA, SUCH AS A GRADINGS, COURSES ETC. WE RESPECTFULLY REQUEST REGULAR CHECKING FOR ANY UPDATES.
- REGULAR ATTENDANCE STRENGTHENS THE CHILD'S CONFIDENCE AND EVENTUAL SKILL SET.
- WE ADVISE PURCHASING UNIFORMS AND EQUIPMENT FROM VALOR COMBAT SYSTEMS FOR UNIFICATION OF STANDARDS.
- MEDICAL CONDITIONS/SPECIAL REQUIREMENTS MUST BE DISCLOSED PRIOR TO YOUR CHILD'S FIRST CLASS.
- NO PARENT/GUARDIAN ARE ALLOWED WITHIN THE DOJO (UNLESS FOR A VALID REASON).
- INAPPROPRIATE BEHAVIOUR TOWARDS ANY MEMBER OF OUR COACHING TEAM OR ADMINISTRATION TEAM WILL NOT BE TOLERATED AND COULD RESULT IN IMMEDIATE EXCLUSION OF YOUR CHILD/REN FROM VALOR COMBAT SYSTEMS.



### CODE OF CONDUCT FOR COACHES

#### COACHES: -

- ARE REQUIRED TO PERSONALLY MAINTAIN A GOOD AND PROFESSIONAL ATTITUDE AT ALL TIMES, INCLUSIVE OF APPEARANCE.
- ARE REQUIRED TO HOLD UP-TO-DATE VALOR COMBAT SYSTEMS COACHING QUALIFICATIONS INCLUDING APPROPRIATE INSURANCE COVER.
- SHOULD ADHERE TO ALL POLICIES WITHIN VALOR COMBAT SYSTEMS.
- SHOULD BE AWARE THAT EQUALITY MEANS EVERYONE SHOULD BE TREATED FAIRLY. RECOGNISING THAT EVERYONE HAS INDIVIDUAL NEEDS AND THEIR REQUIREMENTS ARE ACCEPTED WITH RESPECT.
- ARE COMMITTED TO RESPECT THE RIGHTS, DIGNITY AND WORTH OF EVERY PERSON AND TREATING EVERYONE EQUALLY WITHIN THE CONTEXT OF THEIR MARTIAL ART. IRRESPECTIVE OF AGE, ABILITY, DISABILITY, GENDER, RACE, ETHNICITY, RELIGIOUS BELIEF, SEXUALITY, NATIONALITY OR SOCIAL/ECONOMIC STATUS.
- ARE COMMITTED TO EVERYONE HAVING THE RIGHT TO ENJOY THEIR MARTIAL ART IN AN ENVIRONMENT FREE FROM THREAT, INTIMIDATION, HARASSMENT AND ABUSE.
- NEED TO ENSURE WELLBEING AND SAFETY BEFORE DEVELOPING THE STUDENT'S SKILLS.
- NEED TO DEVELOP AN APPROPRIATE WORKING RELATIONSHIP WITH ALL STUDENTS. THE BUILDING OF TRUST AND RESPECT IS ESSENTIAL.
- ARE ADVISED TO ENCOURAGE STUDENTS TO ACCEPT RESPONSIBILITIES FOR THEIR OWN BEHAVIOUR AND FOLLOW THE CODE OF CONDUCT.
- MUST MONITOR THE ACTIVITIES APPLICABLE TO THE STUDENT'S LEVEL OF ABILITY.
- ARE REQUIRED TO MAINTAIN COMMUNICATION BETWEEN OTHER COACHES/STAFF, AS THIS IS ESSENTIAL FOR THE STUDENT'S PROGRESS.

### GRADINGS

- A GRADING IS A PRACTICAL ASSESSMENT OF YOUR MARTIAL ARTS SKILLS. TO PROGRESS TO THE NEXT LEVEL AND ACHIEVE A NEW BELT, YOU ARE REQUIRED TO PASS A GRADING (EXAM). EACH STUDENT FOCUSES ON INDIVIDUAL GROWTH, WORKING TOWARDS SPECIFIC GOALS, AT THEIR OWN PACE. THESE TARGETS ARE AWARDED WITH A DIFFERENT COLOURED BELT, EACH TIME THEY REACH A NEW SKILL LEVEL. STUDENTS ARE TAUGHT THAT EACH BELT IS EARNED THROUGH HARD WORK AND DEDICATION, NOT JUST 'GIVEN' TO THEM - A PRINCIPLE TO ENCOURAGE SELF-ESTEEM AND MAINTAIN MOTIVATION. WHEN A STUDENT IS DEEMED TO BE PROFICIENT, THEIR SENSEI WILL INVITE THEM WITHIN THEIR CLASS, VIA A LETTER PRESENTATION.
- GRADING EXAMS ARE HELD EVERY 4 MONTHS. HOWEVER, NOT EVERY STUDENT WILL BE INVITED DUE TO THE TIME THEY HAVE TRAINED AND THEIR PROGRESS.
- ALL OF OUR MARTIAL ARTS STYLES ACROSS VALOR COMBAT SYSTEMS, HAVE A BELT SYSTEM CONSISTING OF THE FOLLOWING: -













- NO STUDENT WILL BE GRADED/HONOURED FOR ANY GRADE HIGHER THAN IN THE APPROPRIATE ORDER.
- FURTHER DETAILS CAN BE FOUND ON OUR WEBSITE: - [WWW.VALORCOMBATSYSTEMS.CO.UK](http://WWW.VALORCOMBATSYSTEMS.CO.UK).

IF SUCCESSFUL UPON PASSING EACH GRADING, THE STUDENT WILL RECEIVE THE FOLLOWING: -

- BELT - FOR THEIR NEW LEVEL.
- CERTIFICATE - SIGNED BY THE GRADING EXAMINER(S).
- DIGITAL BUDD PASS - UPDATED AND SIGNED AS A RECORD OF THEIR NEW GRADE, WHICH WILL BE SENT VIA EMAIL.

## TRAINING

STUDENT EXPECTATIONS: ALL STUDENTS ARE REQUIRED TO FOLLOW THE FOLLOWING DOJO ETIQUETTE: -

<p>1.</p>  <p>YOUR SENSEI (CLUB COACH) WILL GREET YOU UPON ARRIVAL AT THE DOJO (TRAINING ROOM).</p>	<p>2.</p>  <p>BOW INTO AND OUT OF THE DOJO. ALSO BOW WHEN STEPPING ON TO OR OFF THE MAT.</p>
<p>3.</p>  <p>LINE UP QUIETLY IN GRADE ORDER STANDING IN YOI DACHI (READY STANCE), AS SHOWN, AT THE BEGINNING AND END OF THE CLASS.</p>	<p>4.</p>  <p>THE CLASS WILL BOW IN TOGETHER FACING THE SENSEI, AS A MARK OF RESPECT. THIS WILL ALSO APPLY AT THE END OF THE CLASS.</p>
<p>5.</p>  <p>AFTER THE WARM UP, STUDENTS ARE ASKED TO LINE UP AT THE SIDE OF THE MAT, IN GRADE ORDER. PLEASE STAND IN YOI DACHI (READY STANCE) WHEN BEING SHOWN A TECHNIQUE.</p>	<p>6.</p>  <p>LISTEN WITHOUT INTERRUPTING AND REMAIN QUIET DURING INSTRUCTION. THROUGHOUT THE CLASS, THE SENSEI WILL USE THE TERM - 'YAME' (STOP). WHEN YOU HEAR THIS COMMAND, YOU MUST STOP YOUR TECHNIQUE IMMEDIATELY AND LISTEN TO THE SENSEI'S NEXT INSTRUCTIONS.</p>
<p>7.</p>  <p>IF YOU NEED TO ASK A QUESTION FOR ANY REASON, PLEASE RAISE YOUR HAND AND WAIT FOR THE SENSEI TO ACKNOWLEDGE YOU. THIS ALSO APPLIES TO ANY TOILET BREAK/DRINK REQUIRED.</p>	<p>8.</p>  <p>DO NOT LEAVE THE MAT WITHOUT THE PERMISSION OF THE SENSEI.</p>
<p>9.</p>  <p>RESPECT YOUR UKE (TRAINING PARTNER).</p>	<p>10.</p>  <p>KEEP THE MATS CLEAN AND PLEASE PUT THEM AWAY AT THE END OF THE CLASS.</p>



### TRAINING

- THE STUDENT WILL AT ALL TIMES FOLLOW THE ESTABLISHED SYLLABUS OF THEIR CHOSEN MARTIAL ARTS STYLE WITHIN VALOR COMBAT SYSTEMS.
- THE STUDENT SHOULD ATTEND TRAINING REGULARLY AND WORK TO ACHIEVE THE HIGHEST PERSONAL STANDARD OF WHICH THEY ARE CAPABLE.
- IF AT ANY TIME A DISPUTE ARISES BETWEEN A STUDENT AND THEIR PEER(S), SENSEI (CLUB COACH) AND/OR THEIR CLUB, THE MATTER WILL BE REFERRED TO OUR ADMINISTRATION TEAM FOR ARBITRATION. FOR GUIDELINES, PLEASE FOLLOW OUR COMPLAINTS PROCEDURE POLICY FOUND HERE: - [WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES).

### SOCIAL MEDIA

- ALL STUDENTS/COACHES ARE REQUIRED TO ADHERE TO OUR SOCIAL MEDIA POLICY.
- OUR SOCIAL MEDIA POLICY IS FOUND HERE: - [WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES](http://WWW.VALORCOMBATSYSTEMS.CO.UK/POLICIES).

### VALOR COMBAT SYSTEMS CONTACT DETAILS

- TELEPHONE: 07794 577797
- EMAIL: [INFO@VALORCOMBATSYSTEMS.CO.UK](mailto:INFO@VALORCOMBATSYSTEMS.CO.UK)
- WEBSITE: [WWW.VALORCOMBATSYSTEMS.CO.UK](http://WWW.VALORCOMBATSYSTEMS.CO.UK)
- FACEBOOK: [WWW.FACEBOOK.COM/VALORCOMBATSYSTEMS.CO.UK](http://WWW.FACEBOOK.COM/VALORCOMBATSYSTEMS.CO.UK)

\*VALOR COMBAT SYSTEMS RESERVES THE RIGHT TO AMEND, ADD OR DELETE THE RULES AND REGULATIONS WITHOUT PRIOR NOTICE AND AT OUR DISCRETION.\*